

# Road Traffic

calendar  
2010



# Take to the road with **BISON FUTÉ**

## To help you prepare your trips

And drive under the most comfortable conditions, four driving and traffic density situations have been defined:

**GREEN** usual driving difficulties

**ORANGE** heavy traffic, difficult driving

**RED** very heavy traffic, very difficult driving

**BLACK** extremely heavy traffic, exceptionally difficult driving

## To drive better day by day

The road information centres inform you in real time

► by phone at  
Toll-free number: 0 800 100 200 (free call from a landline) :  
(0033 892 68 78 88 from abroad)

► on the Bison Futé website:  
[www.bison-fute.gouv.fr](http://www.bison-fute.gouv.fr)

**As far as possible avoid driving on RED or BLACK coloured days.**

## To drive in fully safety, follow the advice of Bison Futé



### Before starting

#### Plan your trip:

- give preference to motorways which are generally safer,
- evaluate your travelling time including stops (every 2 hours);
- at major departure dates, as possible avoid Saturday between 8 a.m. and 4 p.m.;
- avoid driving at night, mainly between 2.00 a.m. and 6 a.m.

#### Check the general condition of your vehicle:

particularly the tyres wear and pressure.

#### Do not forge the safety jacket and the pre-signalling triangle:

they are mandatory for all vehicles since 1st October 2008.

#### Leave well rested:

beyond 17 waking hours, reflexes decrease as much as with 0,5 g of alcohol in the blood.

#### Obtain information about the weather conditions

- national vocal server of the French weather forecast department: 3250 (0.34 € per minute), minitel 3615 météo, [www.meteo.fr](http://www.meteo.fr) website.

Consult the traffic forecasts on the [www.bison-fute.gouv.fr](http://www.bison-fute.gouv.fr) website.

## During the trip

**Follow the traffic information in real time**, continuously updated by the regional centres for road coordination information, by calling the 0800 100 200 (toll-free number).

**Attach the safety belts**, at the front and at the back.

**Remain vigilant to react on time**: put off your mobile phone before getting in your car and do not drink any alcohol.

**Follow the authorities recommendations**, particularly those announced by the variable message panels.

**Be sure to have enough water** in the vehicle to be able to face unforeseen situations of blocking.

**Stop every 2 hours: a pause of at least 15 minutes is ideal to relax.**

**Double the precautions in summer during very hot spells**: check the pressure of the tyres, make more frequent stops and drink water regularly.

**Observe the speed limits** in all circumstances and **keep the safety distances on roads and motorways.**



Driving less fast means reducing the risk of road accidents (by 10 to 15 %)  
reducing fuel consumption (up to 15 % of saving)  
and limiting the emission of greenhouse effect gases  
by adopting a responsible citizen's driving behaviour





# Traffic forecasts for 2010

Find back the updated daily forecasts on the [www.bison-fute.gouv.fr](http://www.bison-fute.gouv.fr) website



Exemple of reading the trafic

Friday 24 <sup>th</sup> July	
Departure	Return
4r	4r

In the direction of departure, everywhere in France, the circulation will be very difficult  
 In the direction of return, the circulation will be difficult and even more difficult in Rhone-Alps



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93110 Rosny-sous-Bois**

[www.bison-fute.gouv.fr](http://www.bison-fute.gouv.fr)



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